

## **PRESS RELEASE**

The Ministry of Health and Wellness informs the public of the following revised measures regarding isolation periods for COVID-19 positive patients and their household/direct contacts:

### **1. COVID-19 positive patients**

- COVID-19 positive patients will henceforth have to self-isolate for 7 days (instead of 10 as was previously the case) following a positive COVID-19 test result, as attested by a medical certificate.
- Upon completion of the 7-days self-confinement period, the person will be allowed to resume normal activities on the 8<sup>th</sup> day following his/her positive test result without any necessity for an exit test.
- If a person is still symptomatic after his 7-days self-confinement period, he/she should report to the Domiciliary Monitoring Unit before resuming normal activities.

### **2. Contacts (Household/Direct) of COVID-19 Positive patients**

- All household/direct contacts of COVID-19 positive patients, will henceforth no longer be required to self-isolate and can pursue with their normal daily activities while complying to all sanitary measures in force.
- Household/direct contacts of COVID-19 positive patients shall scrupulously maintain all sanitary measures at all times (proper wearing of face mask, hand hygiene, social distancing, adequate ventilation)
- If a household/direct contact of a COVID-19 positive patient starts to have symptoms suggestive of COVID-19, he/she shall go to a COVID-19 Testing Centre for a medical consultation.
- These measures also apply to all health care workers who are household/direct contacts of COVID-19 positive patients.

These measures shall apply to the Republic of Mauritius and shall come into force on 19<sup>th</sup> February 2022.

**18 February 2022**

**Ministry of Health and Wellness**