PRESS RELEASE

The Ministry of Health and Wellness informs the public of the following revised measures regarding isolation periods for COVID-19 positive patients and their household/direct contacts:

1. COVID-19 positive patients

   - COVID-19 positive patients will henceforth have to self-isolate for 7 days (instead of 10 as was previously the case) following a positive COVID-19 test result, as attested by a medical certificate.

   - Upon completion of the 7-days self-confinements period, the person will be allowed to resume normal activities on the 8th day following his/her positive test result without any necessity for an exit test.

   - If a person is still symptomatic after his 7-days self-confinement period, he/she should report to the Domiciliary Monitoring Unit before resuming normal activities.

2. Contacts (Household/Direct) of COVID-19 Positive patients

   - All household/direct contacts of COVID-19 positive patients, will henceforth no longer be required to self-isolate and can pursue with their normal daily activities while complying to all sanitary measures in force.

   - Household/direct contacts of COVID-19 positive patients shall scrupulously maintain all sanitary measures at all times (proper wearing of face mask, hand hygiene, social distancing, adequate ventilation)

   - If a household/direct contact of a COVID-19 positive patient starts to have symptoms suggestive of COVID-19, he/she shall go to a COVID-19 Testing Centre for a medical consultation.

   - These measures also apply to all health care workers who are household/direct contacts of COVID-19 positive patients.

These measures shall apply to the Republic of Mauritius and shall come into force on 19th February 2022.

18 February 2022 Ministry of Health and Wellness